

Tumble City Cheer 2010-2011 Season



Information Packet (Tryouts, fees, schedule, etc.)

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Tumble City Allstar Cheer Guidelines and Agreements

COMMITMENT - Cheer competition involves time commitment in training as well as participation in competitive events. In order to achieve our greatest potential EVERY member must make a commitment to the team mentally, physically and emotionally and give 100% at every practice and every event.

CONDUCT - All Tumble City athletes are expected to maintain a positive, respectful attitude toward fellow teammates, coaches, judges, parents and other athletes and the community at large. They will always be supportive of other teams and never allow themselves to become involved in a negative or hurtful discussion. Attitude is a big deal!

At practice all athletes must conduct themselves appropriately. This means be on time to all workouts, be appropriately dressed, be ready to work, hair off of shoulders and out of face, no candy, no gum, no soda, no jewelry, no long nails, no talking or horseplay, and no talking with spectators except during a break.

UNIFORMS - Uniforms will be ordered in August. It is important that you complete your registration form, size information form and pay your deposit on time so that your uniform will be ready in time for our first event. Uniforms and accessories may vary depending on the level of the athlete, but all uniforms consist of at least a skirt, shell, briefs and socks. Uniforms may only be worn for competition or events designated by Tumble City. Each athlete is responsible for the care and upkeep of the uniform. Cheer shoes are a part of the uniform and must be kept clean and in good condition. Always wear your uniform proudly and respect it. Conduct yourself appropriately especially while in uniform. This means language, physical contact and attitude. Once we have ordered your uniform there will be no refunds. We understand that things come up and sometimes athletes may have to resign from the team, however we will not be able to absorb that cost. In that situation we would encourage you to sell your uniform on consignment at the gym.

PRACTICE APPAREL - All athletes are expected to dress appropriately for workout. Acceptable clothing include official practice outfit, or shorts/sweats and a tucked in tshirt. Unacceptable clothing includes short-shorts, jeans, belly or low cut shirts, overly baggy shirts or shorts. Absolutely no jewelry! Cheer shoes are mandatory for practice. Please try not to wear your shoes outside, bring extra shoes for walking to and from so the bottoms of your cheer shoes stay clean.

COMPETITION - We compete through different leagues depending on the level of the squad. The number of events we attend will be determined by the readiness of the squads and the schedules of the majority of our members. Entry fees for each athlete will generally range from \$10 to \$75 depending on the type and venue of competition. Competition times are not available until one week prior to the event. Spectators must pay to enter the events, this can range from \$10 to the cost of a theme park ticket depending on the venue.

DISCIPLINE - While we do not anticipate the need for any type of disciplinary action, we do feel the need to state our rights and responsibilities with regard to the subject. We expect all athletes to be on time for practices and events, follow all gym and event rules and policies, conduct themselves in an appropriate manner and be cooperative during all activities. Respect for your coach and any other person around you is a very important aspect of being on any Tumble City team. If an athlete behaves in a manner which is determined to be against the general policies as stated, the coach will give a verbal warning. If the athlete continues the behavior then a note will be sent to the parent. If the behavior still continues then a conference will be set up to determine the athlete's future with our program. Parents please note that this also pertains to your behavior. We expect the same out of you as we do from your athlete.

PARENT RESPONSIBILITIES - Competitive cheer can be costly. We have done our best to keep cost at a minimum without losing quality. Fundraising will be completely up to the parents and the athletes. It is the responsibility of the athlete and their parent to get involved in parent fundraising and/or utilize sponsor opportunities to pay for the competition and uniform fees. All fees, uniform and competition cost are expected to be paid by deadline. All fees and costs are non-refundable. All transportation to and from practices, events or competitions is strictly the responsibility of the parent or guardian. If arrangements are made for riding with another parent or if an athlete will be driving we must have a signed waiver with all signatures prior to the event. Coaches are not responsible for any athlete's transportation or supervision outside of the competition scheduled time.

PARENT CONDUCT - We ask that parents use encouraging language toward all children during practices and competitions. Please do not distract the team verbally or physically. All athletes need to stay focused for the entire practice session or competition. We need support in the stands but please leave the coaching up to the coaches. Your athlete will be asked to stay focused on the performance and will not be permitted to socialize with family or friends during practice or performance. We need 100% of every athlete's attention at competition and practice. We ask that family and friends do not distract them. Cell phones will not be used until the end of practice, unless in the event of an emergency.

PRACTICES & FEES

All students will practice two days per week: Tuesday & Thursday 5-6:30 pm **AND** participate in a tumbling or other approved TC class. The cost will be \$100 per session (4 weeks) for the total of 16 hours of class time per session. Any additional classes taken will be discounted.

SEASON SCHEDULE - Our cheer season generally starts in June and runs through May, however actual dates will be determined by readiness and participation. We expect all of our team members to stay active throughout the entire season for proper preparation and completion of competition season. The June session will be a skill building phase. Returning Flyers cheerleaders may opt to take this time off, however, new cheerleaders are strongly encouraged to take this course...especially beginners.

Tryout Info

This packet provides basic information as well as important dates. If you are new to Tumble City, please be sure to also pick up a general registration form as well.

The new cheer season begins with the orientation on **June 1st** and the mandatory tryouts on **June 4th**. Please be sure to turn in all paperwork on or before tryout date.

Tryouts will consist of evaluation and testing of the following:

<i>Dance</i>	<i>Jumps</i>	<i>Stunts</i>	<i>Tumbling</i>	<i>Motions</i>	<i>Appearance</i>
<i>Kicks</i>	<i>Attitude</i>	<i>Facials</i>	<i>Vocals</i>	<i>Counts</i>	<i>Chants</i>

There will be many various positions to fill on our squads which will be divided up by levels this season. Level 1 will be beginner/intermediate, and Level 2 will be intermediate/advanced. We encourage anyone, 1st grade and up, who is interested to attend orientation and tryouts. That goes for all levels!

Fee & Practice Season Schedule

Below is a list of fees, due dates and important schedule information. Please review carefully before committing to the program.

DATES

June 1st (Tues.) 5pm - Orientation

This meeting will cover the basic season info as well as allow us to answer any questions you may have. The meeting is not mandatory, although attendance is encouraged.

June 4th (Fri.) 5:30-7:30pm - Tryouts/Evaluations

Tryouts are mandatory for ALL Flyers cheerleaders...current and new students MUST attend to join the squads. All students must dress appropriate in practice type clothing (no street clothes such as jeans, skirts, etc.), tennis shoes, hair pulled back, and no jewelery. Students appropriate practice appearance will be evaluated.

June Session - Skill Building Course

Part 1 --- Cheer Prep, 5-5:45 pm & Part 2 --- Hip Hop, 5:45-6:30 pm

These classes will help new and returning students develop cheer skills necessary for the season. Focus will be on understanding terminology, arm motions, jumps, stunts, counts, etc. This course will be offered in place of the regular cheer practice and will be optional for all returning cheer students.

Part 1 & 2 will be offered Tuesdays & Thursdays for duration of the June session. The June session fee for just 1 day per week will be only \$30, and both days will be \$50.

August - Uniform Fitting

November through May - Competitions

Competitions will be held Saturdays and Sundays. Holiday season competitions will be tentative.

As of this moment, the competition schedule is not yet available to us. We will hand out a schedule as soon as we get it.

FEES

Annual Team Membership Fee - Due: June

ALL cheerleaders must pay the membership. Those who pay this fee will not be required to pay the other Tumble City membership dues.

Tuition Fees - Due: per session

These fees MUST be paid on time! Tuition fee covers the 16 total hours of practice per session.

Uniform Fee - Due: August & September

We will be dividing the uniform costs between the two months to make it easier on everyone. The first payment of \$100 (deposit) for uniforms will be due in August (date to be determined). The second installment of \$100 will be due in September (date to be determined).

Tumble City Cheer
Good Sportsmanship Agreement

THE ROLE OF THE COMPETITOR:

We expect all Tumble City athletes to conduct themselves in a respectful, kind and well-behaved manner. All team members should make the effort to sincerely wish others “good luck” at competitions and cheer them on. We expect our athletes to keep the uniform clean and be proud to wear it. In order to compete with Tumble City you must agree to treat others as you would like to be treated at all times.

Signature of Athlete (signature indicates agreement with the above stated)

Date

THE ROLE OF PARENTS/GUARDIANS:

The lessons taught by practicing good sportsmanship and respect for fellow competitors are so important in today’s society. What is truly important about competition is what is learned from it rather than who wins and who loses. Parents play a vital role in setting an example for appropriate behavior. We expect our participants’ parents to show respect for others and be supportive of all competitors even those who may be our rivals. By signing below you agree that you will discuss “good sportsmanship” with your child. You also agree that you will conduct yourself in a positive manner at all events and practices and show good sportsmanship including adhering to Tumble City and event guidelines at all times.

Signature of Parent or Legal Guardian

Date